The Triennial Assessment is a quirement of the United States Department of Agriculture Child Nutrition Programs that allows districts to conduct an in-house review of their wellness program at least once every three years. However, Arkansas Act 1220 and the DESE Rules Governing Nutrition, Physical Activity, and BMI influence the annual and triennial requirements for wellness in the state. In order for your district's Triennial Assessment to be complete, the district will conduct the following tasks:

Wellness Committee Checklist Part 1, annually

Wellness Committee Checklist Part 2, at least once every three years

*Six required School Health Index (5HI) Modules for each school in the district, annually

BMI Assessments, annually

Goals for nutrition, physical activity and Wellness, annually

Health and Weliness School Improvement Priority Report, annually

Health and Wellness District Improvement Priority Report, annually

Public Notification of Wellness Policy Updates and Triennial Assessment (public meeting with notes, printed copy in the parent center, posted to webpage, etc.), at ast once every three years

Maintain documentation at the local level for the next Child Nutrition Administrative Review

STEP 1

Federal Regulation states that the Triennial Assessment must check the district's *compliance* with the Local School Wellness Policy.

Complete **Wellness Committee Checklist Part 1** to assess compliance with each of the state and federal requirements.

STEP 2

Federal Regulation states that the Triennial Assessment must *compare* the Local School Wellness Policy to model policies.

In Arkansas, a model policy includes each of the state and federal requirements outlined in Part 1 of the Wellness Committee Checklist.

To determine if the Local School Wellness Policy includes each required piece of an Arkansas model policy, complete Part 2 of the Wellness Committee Checklist.

STEP 3

Federal Regulation states that the Triennial Assessment must *evaluate the progress made in attaining the goals* of the Local School Wellness Policy.

Even though USDA requires the Triennial Assessment only every three years, this portion is completed and reported in Arkansas annually by October 1 through the School Improvement Reporting Process/Indistar.

Each school year, typically in the spring, wellness committees complete the 6 required modules of the CDC's School Health Index (SHI) for each school in the district. Schools also complete the annual BMI assessments.

Using these two sets of data, schools develop goals for nutrition, physical activity, and wellness that are reported in Indistar for each school under the Health and Wellness School Improvement Priority Report.

Districts identify Wellness Committee members and Wellness Leadership under the *Health and Wellness District Improvement Priority Report*.

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Wellness Committee Requirements Checklist – Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo Wellness Policies: Meeting Requirements of the Triennial Assessment for instructions and guidance.

LEA's are required to inform and update the public about the content and implementation of the local wellness policy	Implementation of the local wellness policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)	Ark 6.07.1.3 include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA	Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity	physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)		发生的变体,不是一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的
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1		1	~		Included in Policy?	Part 2

Updated April 2021_KW

June 19th 2023

Ark 6.02.4 Ensure that students receive nutrition education and engage in $ u$ healthy levels of vigorous physical activity	Ark 6.02.3 Ensure that professional development of staff includes nutrition and physical activity issues	Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum	standards developed by the school nutrition and physical activity advisory committee with the approval of the Arkansas Department of Education and the State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated October 2020, including Federal Smart Snack Regulations)	Ark 6.02 The ""School nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical activity and assist in the development of local policies that address issues and goals, including, but not limited to the following: Ark 6.02.1 Assist with the implementation of nutrition and physical activity	School Lunch Program (NSLP), and menus for the NSLP and other foods sold in the school cafeteria on a QUARTERLY basis.	*District's School meal menus and other foods sold in the cafeteria. *District's Child Nutrition Program will provide the district Wellness Committee information on the requirements and standards of the National	Ark 6.06.5 The Wellness Committee shall review and make written recommendations to the district's Child Nutrition Director regarding the	updates, policy leadership, and evaluation plan.	that allows marketing and advertising of only those foods and beverages that peet the Smart Snacks nutrition requirements.	 And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP) Include in the Wellness Policy, a standard for food and beverage marketing 	local school wellness policies (using the "Included in Policy?" checkbox V on this form)	policy (using this checklist) Extent to which the LEA's local wellness policy compares to model	 Extent to which schools are in compliance with the local wellness
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District John Bus Public Schools

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		2	7		2		1		7	1	Ark 6.06.7 Annually maintain and update a written list of recommended locally available healthier options for food and beverages available for sale to students
9	((<		Ark 6.06.6 Assist the schools in implementing the Arkansas Child Health Advisory Committee recommendations for all foods and beverages sold or served anywhere on the school campus, including all foods and beverages other than those offered as part of reimbursable meals, including a la carte, vending machines, snack bars, fundraisers, school stores, class parties, and other venues that compete with healthy school meals
	1 1		· \						7	1	Ark 6.06.3 Compile the results of the School Health Index and provide a copy to the principal of each school in the district to be included in the individual school improvement priority (ACSIP)
×							9				Ark 6.06.2 Compare the physical education and health education assessment from the School Health Index to the standards defined by the Arkansas Department of Education Physical Education and Health Curriculum Frameworks
										1	#10 – Family Engagement #11 - Community Involvement
						7		~	5	-	#1 – School Health Policies and Environment #2 – Health Education #3 – Physical Education and other Physical Activity Programs #4 – Nutrition Services
). 				, 12 - 12 - 12					Ark 6.06.1 Annually, assess each school campus, using the School Health Index for Physical Activity, Healthy Eating and a Tobacco-Free Lifestyle using the following modules:
				Ť.				.	e will:	mmitte	Ark 6.06 At a minimum, the School Nutrition and Physical Activity Advisory Committee will:
	9	?	R	8	V	3	2	7	9	<	Ark 6.02.7 Pursue contracts that both encourage healthful eating by students and reduce school dependence on profits from the sale of competitive foods
	7	0		<		<	7	Q.	7	V	Ark 6.02.6 Enforce existing physical education requirements
7		F	7	5		7	7	~	7	5	Ark 6.02.5 Improve the quality of physical education curricula and increase training of physical education teachers

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*Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; Ar			Local Wellness Policy:	List additional policies adopted at the local level and implemented through the	Community Members	Professional Groups – Nurses	Students	Parents	Teacher Organization	Food Service F	Administration /	School Board	Arkansas Required Members:	competitive food and beverage contracts	community the amount of funds received and expenditures made from	Ark 6.06.10 Include as part of the district's annual report to parents and the	contracts	board regarding the components to be included in food and beverage vending	Ark 6.06.9 Review and make written recommendations to the local school
rovide Statewide Standards for School Lur				ocal level and implemented through the	Public	School Health Professionals	Students	Parents	Teachers of Physical Education	Food Service	Administration	School Board	USDA Required Members:	ts	ed and expenditures made from	ct's annual report to parents and the		included in food and beverage vending	commendations to the local school
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Policy Implementation Final Rule. Please refer to the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools – October 2020, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness

^{**}Wellness Committee = School Nutrition and Physical Activity Advisory Committee